

Information on how to prepare *Live & Dance*

For amateurs and professionals, dancers and non-dancers.

A piece for 6 - 10 people (8 is ideal)

It is possible to have recorded music or live musicians (who can also sometimes participate in the choreography).

The idea is to superimpose daily activities and dance simultaneously on the body of each participant.

Daily activities: undress, get dressed, fold and put away clothes, get a kiss, sneeze, blow nose, cough, preparing food, eating, drinking, smoking, grooming (brushing teeth, scouring the ears, soap, washing face, shaving), talk, sleep ...

Dances: folk dancing, ballroom dancing, club dancing, disco dancing, free dance

A workshop must be given in preparation of this piece.

From the above concept, the piece can be adapted to the customs and culture of a particular place. The personality of each performer, allowing the cultural specificity of a group of people can become apparent. This piece can be performed on stage or in the streets.

There is the possibility to create a short film, or rather an adaptation of the piece for the camera, allowing more freedom about where actions can take place and may also show a city and its special places. (For this, the workshop would be accompanied towards the end by a local film producer or a film producer who is invited by Foofwa d'Imobilité).

If the piece is made by different groups in different places, there will be at the end an opportunity to see a collection of different cultural colorings of this piece.

15 to 20 working days in one location would be ideal (10 to 15 days of workshop and construction of the piece to film + 5 days + 1 day after each show) There should also be time for editing and post Production of the film or video in the budget.

Live & Dance is a Live Production by Foofwa d'Imobilité
www.foofwa.com